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**North-West College to Host SUCCESS Talk Featuring Mindset Coach and
Relationship Expert Rachel Friend**

Conversation to Center on Finding Joy and Tips for Practicing Self-Care During the Pandemic

WEST COVINA, Calif.—On Thursday, July 23 at 4 p.m. (PST), North-West College (NWC) will host another SUCCESS Talk with Mindset Coach and Relationship Expert Rachel Friend. Committed to helping others harness the power of their own perceptions, Rachel will focus on how we can find joy as we navigate these uncertain times.

“We are excited for our Students, Team Members, and guests to have the opportunity to come together on Zoom to hear from Rachel Friend,” shared NWC President Mitchell Fuerst. “These past few months have been incredibly challenging, and I know we will all come away from this event inspired and with a renewed perspective.”

With a master’s degree in Human Communication, Rachel has taught her methodology in the university setting and has made it her mission to help others find joy on the journey of life. She aims to equip others with the tools to SHIFT their mindset and experience the life-changing effect it can have for individuals at every stage of life. During her SUCCESS Talk, she also plans to hone in on the importance of practicing self-care during the Covid-19 pandemic.

Thursday’s SUCCESS Talk marks what continues to be a series of informative conversations from North-West College featuring health care thought leaders, ranging from celebrity doctors to hospital CEOs and others.

“Our goal with these SUCCESS Talks is to continue to grow our Students’ and Team Members’ knowledge of the health care field while also offering support and encouragement during these unprecedented times,” explained Fuerst. “It’s yet another way North-West College is investing in our Students and Team Members.”

Click the link below to register via Zoom to attend this free online event:

https://zoom.us/webinar/register/5715947478055/WN_kDplahbNS8WGH66eAW50JA

For more information about the upcoming SUCCESS Talk, please email SuccessTalks@success.edu.

About North-West College

Founded in 1966, North-West College has been committed to training individuals to enter and advance in the health care field for more than 50 years. A leader in allied health education, the College offers short-term programs at seven campuses throughout Southern California, including West Covina,



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Pomona Valley, Van Nuys, Glendale, Riverside, Anaheim, and Long Beach. Accredited by the Accrediting Commission of Career Schools and Colleges (ACCSC) and approved by the Bureau for Private Postsecondary Education (BPPE), North-West College offers a supportive educational environment for those ready to start a health care career. To date, the College has graduated more than 50,000 students—individuals who have gone on to raise the standard of excellence at health care organizations of all types.

For more information about North-West College and its programs, visit www.nw.edu.

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